

THE GOOD MORNING DF fried egg, crispy potato, red bell pepper, P.G.Aioli

SPICY BOY DF \$8.50

the good morning with roasted jalapeños & caramelized onion

MIKE'S GOOD MORNING DELUXE \$9 the good morning with avocado & pepperjack

PESTO FRESCO \$9

fried egg, arugula, tomato, pickled red onion, basil pesto aioli

FINAL MELTDOWN \$8.75 fried egg, crispy potato, melty mushrooms, jalapeño, pepperjack, house sauce

MADI'S MOODY MORNING ▼ \$8.75

tofu scramble, avocado, tomato, arugula, chipotle sauce

\$8.75 TOM'S BRIGHT EYE SURPRISE > crispy potato, avocado, jalapeños, mushrooms, smokey tom sauce

\$5.50 GRILLED CHEESE

sharp cheddar, monterey jack, caramelized onions

THE HIGH HORSE V

cucumber, avocado, pickled red onion, cabbage, parsley, arugula, vegan caesar sauce

t Ser SOQUEL FLAVORS

CHOCOLATE GF V

PEANUT BUTTER

DOWNTOWN FLAVORS PEANUT BUTTER MISO

RisE & ShiNe

OVERNIGHT OATS GF V seasonal fruit, chia seeds, toast almond

GREEK YOGURT & LOCAL FRUIT GF \$7.50



CREAMY TOMATO SOUP GF V

ARTICHOKE & MEYER LEMON SOUP GF * v * \$6.50 parmesan, crouton, blistered baby tomato

PGA CHOPPED SALAD GF V

romaine, rainbow carrot, persian cucumber, sunflower seed, purple daikon, caesar-style dressing

AVOCADO CITRUS SALAD GF V \$12.50

spring mix, cucumber, cilantro, mint, citrus, almond, avocado, parsley, green olive, cumin orange dressing

STRAWBERRY & RHUBARB SALAD GF V*\$12.50

romaine, pickled rhubarb, blueberry, parmesan, walnut, watermelon radish, red wine vinaigrette

pReTty/

SOQUEL * SANTA CRUZ

\$5.50 DriNks

ICED COCONUT CARAMEL COFFEE GF V \$6.25 LEMONADE \$5 STRAWBERRY LEMONADE \$5.75 ARNOLD PALMER \$5.50 yuzu mandarin **ICED TEA** \$4.50

numi black tea, cold steeped, unsweetened

HOT COFFEE \$3.50 **BOTTLED WATER** \$4

GLUTEN FREE Upon request VEGAN

Gluten free buns are available for all burgers and sandwiches upon request.

The PGA Crispy ChIck' SanDWicH v. SPICY OR NOT lettuce, tomato, onion, ot chicken



pickle, sauce

All bugers are vegetarian and can be made vegan! All burgers come with lettuce, pickle, tomato, onion, burger sauce, and cheese (vegan cheese available upon request). Made with the PGA patty (GF, DF, V, Soy Free & Nut Free).

PRETTY GOOD CHEESEBURGER V* \$8.50

CALIFORNIA RANCH BURGER V*

avocado, american cheese

JALAPEÑO BBQ BURGER V*

southern style pickled & roasted jalapeño, pepperjack, BBQ sauce

\$9.50

We fry in high quality non-gmo peanut oil.

HOUSE CUT POTATO FRIES GF V

ketchup & garlic aioli DF or vegan ranch V

KiDs!

KIDS GOOD MORNING \$5.50 potato bun, fried egg, crispy potato

> KIDS BURGER \$5.50 potato bun, american cheese

KIDS CRISPY CHICK'N \$5.50 potato bun, crispy chick'n patty (not GF)

KIDS GRILLED CHEESE \$5.50 potato bun, american cheese

KIDS FRIES GF v \$3.50

Thank You