



ALL DAY SANDWICHES

All sandwiches are on ciabatta.

- THE GOOD MORNING DF** \$7
fried egg, crispy potato, red bell pepper, P.G.Aioli
- SPICY BOY DF** \$8.50
the good morning with roasted jalapeños & caramelized onion
- MIKE'S GOOD MORNING DELUXE** \$9
the good morning with avocado & pepperjack
- PESTO FRESCO** \$9
fried egg, arugula, tomato, pickled red onion, basil pesto aioli
- FINAL MELTDOWN** \$8.75
fried egg, crispy potato, melty mushrooms, jalapeño, pepperjack, house sauce
- MADI'S MOODY MORNING v** \$8.75
tofu scramble, avocado, tomato, arugula, chipotle sauce
- TOM'S BRIGHT EYE SURPRISE v** \$8.75
crispy potato, avocado, jalapeños, mushrooms, smokey tom sauce
- GRILLED CHEESE** \$5.50
sharp cheddar, monterey jack, caramelized onions
- THE HIGH HORSE v** \$9
cucumber, avocado, pickled red onion, cabbage, parsley, arugula, vegan caesar sauce

SoUPs & SaLAdS

- CREAMY TOMATO SOUP GF V** \$6
- ARTICHOKE & MEYER LEMON SOUP GF*V*** \$6.50
parmesan, crouton, blistered baby tomato
- SOQUEL ONLY BIG MATT'S LIL SALAD GF* V** \$6
arugula, blistered baby tomato, pickled red onion, crouton, date balsamic vinaigrette
- PGA CHOPPED SALAD GF V** \$11.50
romaine, rainbow carrot, persian cucumber, sunflower seed, purple daikon, caesar-style dressing
- AVOCADO CITRUS SALAD GF V** \$12.50
spring mix, cucumber, cilantro, mint, citrus, almond, avocado, parsley, green olive, cumin orange dressing
- STRAWBERRY & RHUBARB SALAD GF V*** \$12.50
romaine, pickled rhubarb, blueberry, parmesan, walnut, watermelon radish, red wine vinaigrette

The PGA CrISPY ChICK'N SANDWICH v*

it's not chicken

SPICY OR NOT
lettuce, tomato, onion, pickle, sauce

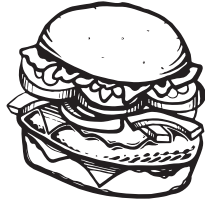
\$8.50



BuRGeRS

All burgers are **vegetarian** and can be made **vegan!**
All burgers come with lettuce, pickle, tomato, onion, burger sauce, and cheese (vegan cheese available upon request).
Made with the PGA patty (GF, DF, V, Soy Free & Nut Free).

- PRETTY GOOD CHEESEBURGER v*** \$8.50
american cheese
- CALIFORNIA RANCH BURGER v*** \$9.50
avocado, american cheese
- JALAPEÑO BBQ BURGER v*** \$9.50
southern style pickled & roasted jalapeño, pepperjack, BBQ sauce



FriEs

We fry in high quality non-gmo peanut oil.

- HOUSE CUT POTATO FRIES GF V** \$4/\$5.50
ketchup & garlic aioli DF or vegan ranch v

pretty GOOD Advice

SOQUEL * SANTA CRUZ

Soft Serve

- SOQUEL FLAVORS
- CHOCOLATE GF V
- FRESH MINT GF
- DOWNTOWN FLAVORS
- PEANUT BUTTER MISO GF V
- \$5.50**

RisE & ShiNe

- OVERNIGHT OATS GF V** \$6.50
seasonal fruit, chia seeds, toast almond
- GREEK YOGURT & LOCAL FRUIT GF** \$7.50
sesame cashew brittle

DrINks

- ICED COCONUT CARAMEL COFFEE GF V** \$6.25
- LEMONADE** \$5
- STRAWBERRY LEMONADE** \$5.75
- ARNOLD PALMER** \$5.50
yuzu mandarin
- ICED TEA** \$4.50
numi black tea, cold steeped, unsweetened
- HOT COFFEE** \$3.50
- BOTTLED WATER** \$4
still or sparkling

KiDs!

- KIDS GOOD MORNING** \$5.50
potato bun, fried egg, crispy potato
- KIDS BURGER** \$5.50
potato bun, american cheese
- KIDS CRISPY CHICK'N** \$5.50
potato bun, crispy chick'n patty (not GF)
- KIDS GRILLED CHEESE** \$5.50
potato bun, american cheese
- KIDS FRIES GF V** \$3.50



GF GF* DF V V*

GLUTEN FREE GLUTEN FREE UPON REQUEST DAIRY FREE VEGAN VEGAN UPON REQUEST

Gluten free buns are available for all burgers and sandwiches upon request.



Thank You.